

Betts Avenue News

Opening Hours – Monday – Friday 08:30am – 6pm

Changes to your prescriptions

Due to new NHS guidelines, medication that can be bought over the counter will no longer be prescribed via the NHS. The NHS spent £17.4 billion in 2017 on products that can be bought in pharmacies and supermarkets. E.g Paracetamol, Ibuprofen and antihistamines. If you would like to find out more, please ask reception for information on Pharmacy First.

Patient Participation Group

Our next meeting will be held on **Thursday 19th March 2020 at 10:00am at Kenton Medical Centre.**

Tea, Coffee, Biscuits and Cake will be provided.

E-Consult!

- The practice is now live with e-consultations.
- E-Consult provides an online portal where patients can self check their symptoms and receive medical advice.
- You can ask for help with a specific problem or condition, ask for general advice if you are not sure what your symptoms mean or request for administrative help for things like sick notes etc.
- You can receive advice and treatment by the end of the next working day, you may not have to even come to the surgery.

Please visit our website to start a E-Consult.

Consult our doctors online

Our eConsult service lets you:

- Request advice and treatment from our practice online
- Get self-help advice for hundreds of common conditions

GET STARTED

Surgery Closures

Wednesday 1st January 2020 – All Day

Wednesday 11th March 2020 – 12pm – 6pm

Friday 10th April 2020 – All Day

Monday 13th April 2020 – All Day

www.bettsavenue.nhs.uk

Contact Us

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Christmas Donations to Newcastle Foodbank & Newcastle Cat & Dog Shelter



The cat and dog shelter help thousands of lost, unwanted, neglected, abused and abandoned animals every year. They receive no government funding so every donation really does make a huge difference to the shelter.



Every day people in the UK go hungry for reasons ranging from redundancy to low income. A simple box of food makes a big difference, with foodbanks helping prevent crime, housing loss and family breakdown.

Abdominal Aortic Aneurysm Screening

The abdominal aorta is the main blood vessel that carries blood from the heart to the body.

Sometimes the wall of the aorta can become weak and stretched to form a ballooning in the abdomen. This is an aortic aneurysm.

If this happens there is a risk the aorta will rupture, causing internal bleeding if it became too large.

The easiest way to find out if you have an aneurysm is to have an ultrasound scan.

Men are automatically invited for screening sometime in their 65th year.

Men are chosen because they are six times more likely to have an aneurysm than women.

Please don't ignore your invitation, it could save your life.

NHS Campaigns 2019

Dry January

1st – 31st January
2020

Eating Disorder Awareness Week

2nd – 8th March
2020

No Smoking Day

11th March 2020

Stress Awareness Month

1st – 30th April 2020

Sun Awareness Week

4th – 10th May 2020

